

BASEBALL COACHING INFORMATION

Website

- Parent's Information
- Concussion Guidelines
- Weather Updates
- Locations/directions
- Practice/Game Schedules
- Practice/Game Field Layouts
- Rules
- Code of Conduct
- Safe Child
- Contacts

General

- Parents are required to read our Concussion Guidelines when registering. They can be found on our website.
- Dick's Sporting Goods Parish Athletics 20% off weekend is July 25 – July 28; Parish Athletics will be at their Apex location (Saturday 9AM – 1PM) handing out \$10 Gift Cards to coaches as long as they last.
- Team Parent (Manager): Utilize them to schedule team snacks/pickups of shirts & medals/etc.
- YouTube is full of baseball drills.
- Please make sure that players are wearing helmets when swinging bats.
- Coaches should meet before the game to determine inning order.

Weather

- We use one or two methods to cancel practices/games: Web/email.
- We will try to make decisions on practice and game cancellations as soon as we can.
- Cancellations are based on safety and/or field conditions.

Safe Environment

- Parish Athletics sports programs are considered a family event.
- Parents/guardians are responsible for supervising their child/children.
- Parents/guardians supervising are for children safety and coach's protection.
- Our coaches/parents/grandparents are not background checked.

Schedules

- All games will be at the Apex fields.
- PreK games are normally between 8:30AM and 11 AM.
- We have some coaches that coach multiple teams or soccer teams and that may lead to some changes in the schedule.
- Schedules are released after finalizing rosters.

Rosters

- Rosters usually go out around 2-3 weeks before the start of the season.
- Coaches should reach out to their team after receiving rosters. Some changes may be made but most teams will be mostly set.

Rules

- General rules and guidelines
- Player's Equipment
- Duration of games

Issues

Games

- Bring issues to the staff's attention. We prefer to address issues immediately.
- There will usually be a staff member in the snack shack.

Practices

- Email Austin Austin.parishathleticsnc@gmail.com or Anthony areese@stmm.net.

Divisions

PreK

- No weekday practices.
- Combined practices/games on Saturday mornings.
- At this age its 50% socializing/25% exercise/25% baseball.
- Coaches meet and agree on time divide between practice/game.
- As the season goes on the amount of game time should increase.

Kindergarten

- No weekday practices.
- Combined practices/games can be in mornings or afternoons on Saturday.
- Coaches meet and agree on time divide between practice/game.
- As the season goes on the amount of game time should increase.

1st & 2nd Grade and 3rd & 4th Grade

- 1st & 2nd graders will be grouped together and 3rd & 4th graders will be grouped together.
- One weekday practice per week, same day & time.
- Saturday games can be in mornings or afternoons.
- Coaches meet before games to discuss inning order and rules.
- These coaches act as referees. Call outs for your own team when batting.

First Weekend

- The first game weekend should be treated as a practice run/scrimmage for all games to get used to the rules and structure.

- Shirts for the players will be handed out at the first practice and hats will be handed out at the first game. PreK and Kindergarten players will receive their shirts and hats at the first game.

Medals/Picnic Weekend

- Usually the second to last or last weekend of the soccer season. The soccer and baseball picnics will be held at the same time.
- Medals can be picked up by coaches at the snack shack in Apex. We will have blank medals available if any of the kids names are missing.